



ENHANCING PARENTING PROGRAM

A parenting program designed under the evidence-based *Nurturing Parenting* curriculum and trauma informed care, with a mission to support and empower us parents as we navigate child-rearing.

For Registration: Text the word "parenting" to 215 914 3755

PROGRAM SUPPORTS

1

**gift card for
completing the
program**

2

**DHS approved
certificate**

3

**Family activities
mail outs**

4

**Referrals to
Agencies**

5

Raffles

6

**Guest speakers
on specific
topics**

7

**Updates on
Family oriented
community
happenings**

EVERY WEEK A DIFFERENT TOPIC:

- DISCIPLINE TECHNIQUES
- COMMUNICATION TIPS
- FINDING OUR OWN PARENTING STYLE
- TALKING TO OUR KIDS ABOUT SEXUAL SAFETY
- HOW TO HELP OUR KIDS PROCESS STRONG EMOTIONS
- ...AND MORE

