



ENHANCING PARENTING PROGRAM

A parenting program designed under the evidence-based *Nurturing Parenting* curriculum and trauma informed care, with a mission to support and empower us parents as we navigate child-rearing.



PROGRAM SUPPORTS

- gift card for completing the program
- 5 Raffles
- 2 DHS approved certificate
- Guest speakers on specific topics
- 3 Family activities mail outs
- 7 Updates on Family oriented community happenings

Referrals to Agencies

EVERY WEEK A DIFFERENT TOPIC:

- DISCIPLINE TECHNIQUES
- COMMUNICATION TIPS
- FINDING OUR OWN PARENTING STYLE
- TALKING TO OUR KIDS ABOUT SEXUAL SAFETY
- HOW TO HELP OUR KIDS PROCESS STRONG EMOTIONS
- ...AND MORE



CLIENT OPPORTUNITIES



Graduates:



We are so proud of our families who recently graduated from the parenting program! We asked our parents, "how has your confidence in your parenting skills changed" Here are the responses.

Some of our graduates connect with other community linkages after graduation. Our parents have enrolled in GED classes, the ESL program, and have become parent leaders for community parent cafes, to name a few.

We offer a variety of classes to accommodate families' life schedules. Separate group sessions in English and in Spanish. Classes are currently being offered virtually. Teen Parents curriculum available upon request.



